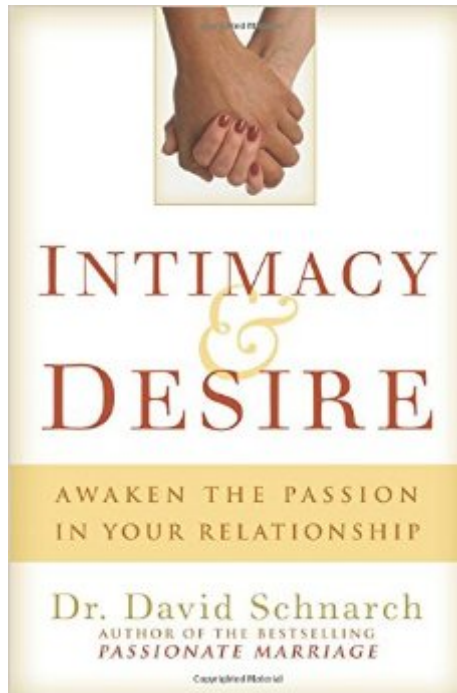


The book was found

Intimacy & Desire: Awaken The Passion In Your Relationship



Synopsis

Many couples begin marital counseling with Dr. David Schnarch with their sex lives in shambles, wondering what's wrong with them, considering divorce. One partner will complain that the other doesn't desire him, the other complains that she's married to a sex maniac. During his 30 years in practice as a marriage and family therapist, Dr. Schnarch has discovered that sexual desire problems are normal and even healthy, in committed relationships. In *Intimacy and Desire: Awaken the Passion in Your Relationship*, Dr. Schnarch explains why couples in long term relationships have sexual desire problems, regardless of how much they love each other or how well they communicate. Through case studies of couples he worked with, Dr. Schnarch shows why normal marital conflict can be the cause of desire problems and creates a roadmap for how couples can transform marital conflict into a stronger relationship and a font of new and powerful desire for each other. He takes it a step further, giving readers simple but effective exercises that will help them reconnect with each other.

Book Information

Paperback: 448 pages

Publisher: Beaufort Books; 1 edition (May 1, 2011)

Language: English

ISBN-10: 0825305675

ISBN-13: 978-0825305672

Product Dimensions: 6 x 1.3 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (97 customer reviews)

Best Sellers Rank: #22,113 in Books (See Top 100 in Books) #49 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Sexuality](#) #56 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling](#) #85 in [Books > Health, Fitness & Dieting > Mental Health > Emotions](#)

Customer Reviews

Because of the considerable attention Dr. Sandra Pertot's review has attracted, and the fact it is offered as a professional opinion, I feel it necessary to offer a different perspective on *Intimacy and Desire (I&D)* and her comments about it. I am a licensed therapist with 22 years of experience, and have not written any books (although I hope to). I have studied Dr. Schnarch's work for many years, including *I&D*, and consider myself knowledgeable about his approach. The one thing I have

learned from studying Dr. Schnarch is he works tirelessly to pursue the truth in his work as well as his life. I am amazed at how much "The Old Man" continues to grow and evolve, and challenge himself to live within his principles of 4 points of balance. Dr. Schnarch as well as his wife Dr. Ruth Morehouse are serious clinicians as demonstrated in their articles and books. They are not carnival barkers with the newest way to make your relationship of 20 years "get that new car smell". On the contrary, they help you read your relationship's owner manual and learn to drive it better, so you can get more out of it and yourself. My opinion of Dr Sandra Perot's critique grows out of my love for my field and a quest for professional grace, and I hope it is received in the spirit in which it is delivered. Professional standards require disclosure of commercial and other considerations that might bias statements made by psychologists regarding products and services. Dr. Perot is the author of what might be considered a competing book in which she clearly aligns with the lower desire partner. (Read reviews of her book "Perfectly Normal: Living and Loving with Low Libido.

This is an excellent book whose greatest gift is that it makes the vast ground plowed 13 years earlier in the author's 2nd book, *Passionate Marriage*, readily accessible. The latter was a great book but a dense, difficult read that gave its greatest gifts only after repeated readings. This book, in contrast, makes the author's approach to self and relationship development easily understood. It brings his theory down to earth and gives guidance in applying it to one's life. I highly recommend it. The book is, indeed, fun to read. Schnarch can deftly shift between transcribing the words & thoughts of a counseling session to his principles of human interaction & growth, and on to sometimes salacious stories of couples getting it on -- not only sexually but mentally & emotionally, and in a more open, enlightened way. He breaks into a mercifully short few pages of techno-babble at the beginning of one chapter to show his inclusion or understanding of brain science, but that is the only lapse in the smoothly flowing writing in this book. Schnarch presents a number of "moving parts" within our relationships that work to grow us personally & as a partner. And his approach is generally at odds with the common approach within our culture of accommodation or withdrawal from conflict. Instead, he suggests that confronting one's issues -- from one's family of origin or from one's current partner (and commonly they are one & the same) -- is the real path to growth. The process involves these key variables: * All key dimensions of activity, including sex, have a high & a low desire partner. * Our sense of self can be based on others' opinion (other validated) or on our own heart (self validated).

[Download to continue reading...](#)

Intimacy & Desire: Awaken the Passion in Your Relationship CHAKRAS: Chakras For Beginners -

How to Awaken And Balance Chakras, Radiate Positive Energy And Heal Yourself (FREE Bonus Included) (Chakras, Chakras For Beginners, Awaken Chakras, Third Eye) Dirty Talk : Secrets For Women and men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: (Sexuality, Intimacy, Sexting, Confidence, Relationship) (Great Sex Book Series 1) Savage Desire [Desire, Oklahoma: The Founding Fathers 3] (Siren Publishing Menage Everlasting) Paranormal Romance: Dragon's desire (Dragon Shifter Romance Billionaire Romantic Comedy Book 2) (Paranormal Action Adventure Shifter Romantic (Dragon's desire) The Post Traumatic Stress Disorder Relationship: How to Support Your Partner and Keep Your Relationship Healthy When Food Is Love: Exploring the Relationship Between Eating and Intimacy Food for Love: Healing the Food, Sex, Love and Intimacy Relationship Five-Minute Relationship Repair: Quickly Heal Upsets, Deepen Intimacy, and Use Differences to Strengthen Love The Kosher Sutra: Eight Sacred Secrets for Reigniting Desire and Restoring Passion for Life From your heart to your home: Embrace simple pleasures, sweet comforts, awaken your creativity and satisfy your longing for home Revised The Passion: Photography from the Movie "The Passion of the Christ" Committed to Love, Separated by Distance: How to Thrive in Your Long Distance Relationship (Relationship and Dating Advice for Women Book 8) Reiki: A Complete Practical Guide to Natural Energy Healing, How To - Awake Your Body And Soul, Restore Your Health And Vitality. (Reiki For Beginners, ... Techniques, Awaken Your Chackras) The Relationship Skills Workbook: A Do-It-Yourself Guide to a Thriving Relationship The Third Eye: Open Your Third Eye and Awaken Your Pineal Gland To a higher consciousness 40 Days to Personal Revolution: A Breakthrough Program to Radically Change Your Body and Awaken the Sacred Within Your Soul Meditation: Complete Beginners Guide on How to Awaken Your Mind With Techniques that Will Relieve Stress, Manage Anger, and Find Inner Peace and ... Your Fear and Anxiety With Daily Meditation) Marriage: How To Save And Rebuild Your Connection, Trust, Communication And Intimacy (FREE Bonus Included) (Marriage Help, Save Your Marriage, Communication Skills, Marrige Advice) Rise and Shine: Awaken Your Energy Body with Taoist Alchemy and Qi Gong

[Dmca](#)